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Upcoming Program

- › **'Transformational Leadership'** October 10 - 13, 2012 @ New Delhi

Quote

- › **" The future belongs to those who see possibilities before they become obvious. "**
- John Sculley

Forward

- › Let your like-minded friends know about Samatvam Academy.

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- › An ENABLING paradigm
- › RESEARCH-BASED conceptual framework
- › CLARITY of context, content, process and deliverables for every program
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- › EXPERT FACULTY, who have walked their talk
- › TRANS-NATIONAL presence

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Dear friend,

Welcome back to a celebration of the best that the world has to offer!

Beauty, they say, is in the eye of the beholder. Similarly, blessings become manifest to those who are humble enough to recognize them. If we look around ourselves with an appreciative eye, each one of us will be able to locate many gifts that we need to be thankful to Existence for.

That brings us to this month's interview with Mr. Mahesh Madhavan, the Head of Bacardi for South Asia. He is humility personified. As Mr. Madhavan shares with us the many incidents from his personal as well as professional life, one cannot but be amazed to notice how keen a learner he is. He provides one of the finest examples of how a person can achieve phenomenal near-term goals by taking a long-term view. A visionary leader and high achiever with his feet firmly grounded, Mr. Madhavan offers a perspective on life that is educative beyond measure.

In the Research Study, we have the privilege of learning from Mr. G. Srinivasan the intricacies of attaining a vital and balanced state of mind. As he says '*Siddhi is the silent, mechanical and invincible process that enriches life energy by equalizing with the potential of the resonant field of space that we live in*'. Meditation may sound esoteric, but it actually quite simple. It centrally involves learning to sit in a steady, comfortable and upright posture. Read more to learn how you could engage with it yourself.

We also carry the feedback report on our recent workshop on 'Evolving Synergy'. As you'll notice, the consistency of the scores in recent months on the various parameters indicate that we may possibly be moving along the right track. However, you're the best judge !


Kindly **do get in touch** with your views and comments on this issue of SATTVA. We shall be looking forward to these

Warm Regards,

Dr. Daniel Saint, Dr. Sunil Maheshwari, Mr. Jagjit Singh Maan, Ms. Aarti Maheshwari

'EVOLVING SYNERGY' workshop (August 8 - 11, 2012) India Habitat Centre, New Delhi A Snapshot





Consolidated Feedback Report
Workshop on Evolving Synergy
Aug 08 to 11, 2012, India Habitat Centre, New Delhi

Facilitators: Dr. Sunil Maheshwari & Dr. Jay K. Mitra

The scale used is:

5	4	3	2	1
Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree

Participants who rated were 09 in number.

Quantitative Average

Q. No	Question	Average Rating
1	The workshop administration was appropriate and informative	4.7

We requested feedback from the participants on various aspects of the workshop. [Click here](#) for the detailed report.

Interview with Mr. Mahesh Madhavan, President and CEO (South Asia), and Area Director (South East Asia), Bacardi



"...I believe that the only way to gain genuine respect from your team members is by rolling up your sleeves, and work alongside them in the trenches."

In this extensive and deeply personal interview, Mr. Madhavan takes us through his career trajectory - taking the right decisions, learning from circumstances, managing people, grounded thinking and mastering the the many little but important things in a corporate system.

[Read the full interview.](#)

Research Study: 'Siddhi' by G. Srinivasan



"...In Siddhi one will lose all sense of the passage of time. That is the hallmark of a coherent and simultaneously interactive state.

During that period and (repeat) only during that period the equalisation of the potential energy from the resonant space is completed."

Did you know the path to the Siddhi state is as simple as maintaining a *correct* seating posture? Strange as it may sound, the author presents a perfectly doable method wherein all the cells in the entire body are in a constant state of activity to attain an internally comfortable and balanced state.

In fact, you would want to immediately attempt it.

[Read the full Research Study.](#)