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Welcome once again to a celebration of all that is good in the world around us, and within us !!

The two articles in the present issue throw light upon how internal and external factors converge together to propel a person to any significant success or accomplishment.

Arvind Kejriwal and his electoral success have been much feted over the last few weeks. However, not much is known about his formative circumstances - as a student, social activist and now, a full time politician. The Video Case Study reveals those external variables.

Complementarily, Ms. Aarti Maheshwari's scholarly Research Study - "*Health and Wholeness - The Ground for Spirited Action*" impresses upon the reader the critical importance of the internal factors - mental, physical and emotional equilibrium.

Warmly,

The Editorial Board

Video Case Study

Arvind Kejriwal: The Making of an Intrepid Leader



What exactly were the formative circumstances that moulded the personality of Arvind Kejriwal?

This video scopes Arvind's motivations, his comrades and the team's role in the larger transformation of Indian politics. [More.](#)

Research Study

Health and Wholeness - The Ground for Spirited Action

By Ms. Aarti Maheshwari



"In the absence of good health, most of the potentialities of life cannot be fully developed. Thus, health merits our keen and sustained attention"

The author reveals how one can arrive at a harmonious equilibrium of body, mind and consciousness. [More.](#)

Call for Contributions



We are pleased to invite organisational leaders, managers, authors, researchers and practitioners to submit high quality Research and Case Study contributions in both the print as well as the audio-visual media for publication in the forthcoming issues of SATTVA.

These may kindly be directed to Dr. Sunil Maheshwari at sunil@samatvam.co.in

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