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**Upcoming Program**

- › **'EVOLVING SYNERGY'**  
August 08 – 11, 2012 @ New Delhi

**Quote**

- › **"The First and the best victory is to conquer Self."**  
- Plato

**Forward**

- › Let your like-minded friends know about Samatvam Academy.

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**All about Samatvam**

- › Signature Programs
- › Practice Areas
- › Context & Mission
- › Team
- › Advisory Board

**The Samatvam Gestalt**

- › An ENABLING paradigm
- › RESEARCH-BASED conceptual framework
- › CLARITY of context, content, process and deliverables for every program
- › EXPERIENCE BASED pedagogy suitable for adult learners
- › EXPERT FACULTY, who have walked their talk
- › TRANS-NATIONAL presence

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**Dear Friends,**

Welcome back to the celebration of existence! Summertime has been celebrated throughout history and literature as a period of love, warmth, abundance, laughter and recreation. The summer season this year has been as wonderful as ever.

If you have been partaking of the Soccer thrills from the ongoing EURO 2012, you would have noticed the miraculous and memorable ways in which individual excellence melds with team effort. These two phenomenon are so distinct, and yet go together so synergistically.

This brings us to the theme of this edition - *Synergy*. In the second volume of the trio of special issues of SATTVA that we had commenced last month, Dr. Daniel Saint and Dr. Sunil Maheshwari meticulously describe the subject and technology of Synergy in an overview, followed by the description of its nine constituent elements.

Kindly also review the participant feedback of our recently concluded workshop '*Individual Excellence*', which is included in this issue.

We look forward to hearing from you. Please do **write back** when you find it convenient.

Warm Regards,

**Dr. Daniel Saint, Dr. Sunil Maheshwari, Mr. Jagjit Singh Maan, Ms. Aarti Maheshwari**

**'INDIVIDUAL EXCELLENCE' workshop (June 13 - 16, 2012)**  
India Habitat Centre, New Delhi  
A Snapshot



**Consolidated Feedback Report**

**Workshop on Individual Excellence**

June 13 to 16, India Habitat Centre, New Delhi

**Facilitators: Dr. Sunil Maheshwari & Ms. Aarti Maheshwari**

**The scale used is:**

5	4	3	2	1
Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree

**Participants who rated were 10 in number.**

**Quantitative Average**

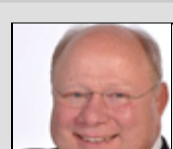
Q. No	Question	Average Rating
1	The workshop administration was appropriate and informative	5
2	The workshop was scheduled at a suitable time	5

We requested feedback from the participants on various aspects of the workshop. [Click here](#) for the detailed report.

**EVOLVING SYNERGY**  
August 08 – 11, 2012  
India Habitat Centre, New Delhi

**Announcing a 4 Day Training Workshop**  
On  
**Evolving Synergy**  
Dates: August 08 – 11, 2012  
Timing: 9 AM TO 6 PM  
Venue: India Habitat Center, Lodhi Road  
New Delhi – 110 003, India

**Research Study: Evolving Synergy, by Dr. Daniel Saint & Dr. Sunil Maheshwari**



Dr. Saint and Dr. Maheshwari dissect the subject of Synergy in intricate detail. The authors add that synergy is the combined and cooperative effects produced by the relationships among various interacting entities.



The effects of synergy are marked by the interdependence among the constituent segments of a whole system.

The quote below aptly sums up the concept of Synergy in an organizational context:

*Synergy does not mean that everybody has to sing the same notes. It only helps us find pleasure in singing harmoniously together. Civilization itself depends on synergy.*

*We humans have moved from being solitary hunters to cooperative farmers to interdependent urban dwellers. Everything we do relies to some extent on someone else's efforts.*

[Read the full Research Study](#)

**Evolving Synergy Model: Decoding the Nine Elements**

**Inquiry**



Inquiry is the process of holding conversations where we openly share views and develop knowledge about each other's assumptions regarding a specific idea or thought in a way that helps create a clear, accurate understanding of it.

[More..](#)

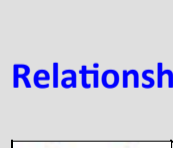
**Insight**



Insight is associated with the ability to locate patterns and linkages among disparate data and information. Thus, insight helps generate a variety of ideas.

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**Relationship**



Relationships begin when two people come into each other's mutually experienced presence that varies in degree as well as depth. Accordingly, the emergent relationship differs in strength and salience.

[More..](#)

**Dialogue**



Arising from the combination of the Greek roots "dia" and "logos", the term "dialogue" literally translates as "flow of meaning".

[More..](#)

**Integration**



The complexity of organizational decisions requires the ability to integrate diverse facts, ideas, issues, and connections to solve problems and take advantage of new opportunities.

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**Empathy**



Empathy involves the inner experience of sharing in, and comprehending, the momentary psychological state of another person.

[More..](#)

**Bridging**



Bridging is the process of building partnerships and alliances that cross the divisions among the people in an organization or a community.

[More..](#)

**Innovation**



Innovation refers to the art of generating a creative breakthrough that fabricates new options for moving through a conflict.

[More..](#)

**Resonance**



Resonance emerges when people can tap into the underlying unity, coherence, rhythm and flow of the overall system of which they are all a part.

[More..](#)